

The logo for apple hr support, featuring the text 'apple hr' in a green sans-serif font with a small green leaf above the 'e', and 'support' in a smaller green font below it, next to a green circle.The logo for paco first aid, featuring a green cross icon to the left of the text 'paco.' in a bold green font, with 'first aid' in a smaller green font below it.

# EMERGENCY FIRST AID AT WORK TRAINING



The QA Level 3 Award in Emergency First Aid at Work (RQF) qualification, delivered by PACO First Aid, is designed for individuals who wish to act as an emergency first aider in their workplace.

Did you know that 565,000 workers reportedly sustained injuries at work in 2021/22?

The Health and Safety (First Aid) Regulations 1981 require all employers to make arrangements to ensure their employees receive immediate attention if they are injured or taken ill at work. This includes carrying out a risk assessment, appointing a suitable number of first aiders and providing appropriate first aid training.

Upon successful completion of this 1-day, in-person training course, participants will be equipped with the essential skills needed to give safe, prompt and effective first aid in emergency situations.

*Course participants must be age 14 years+*

**For more information, please contact:  
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